last updated 8/12/2026

Arts Ballet :: Levels 5/6 Advanced Program :: Upper School Company

Level 5/6 Core Program & Electives, Unlimited Classes, Many Roles in Performances, and Free Rehearsals

	Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours/week
	5-Days per Week CORE Program Options. Tuition at Individual Max/Unlimited $300/mo for 9-payments Sept-May ~or~ $269/mo for 10-payments Aug-May									
Option 1:	Core 5-day	Skill	Ballet 5/6 M/Tu/Th/Fri/Sat **NOTE:** if you cannot always or sometimes come to 4:30 class, Take either 6-8:30 or 7-8:30 to make-up missing 4:30 class on school event days, or as alternate schedule.	4:30-7:00 (recommend if able) or 6:00-8:30	5:50-8:30 Pilates, Technique, Pointe, and Ballet Corps de Ballet (Fall Snowflakes)		6:00-8:30	4:30-7:30	9:00-12:00	x
Option 2:	Core 5-day light	Skill	Ballet 5/6 M/Tu/Th/Fri/Sat	4:30-7:00 (recommend if able) or 6:00-8:30	5:50-8:30		6:00-8:30	4:30 or 5:30-7:30	9:00-12:00	x
	4-Days per Week CORE Program Options. Tuition at Individual Max/Unlimited $300/mo for 9-payments Sept-May ~or~ $269/mo for 10-payments Aug-May									
Option 3:	Core 4-day with Tuesday (Tuesday Repertoire/Pointe & Corps de Ballet (Fall Snowflakes)	Skill	Ballet 5/6 M/Tu/Fri/Sat	4:30-7:00 or 6:00-8:30	5:50-8:30			4:30-7:30	9:00-12:00	x
Option 4:	Core 4-day with Thursday (Thursday Rep/Conditioning/PBT/ & Pas de Deux, Thur. Rehearsals)	Skill	Ballet 5/6 M/Th/Fri/Sat Note: Missing Tuesday will cast dancer out of Snowflakes in Fall Nutcracker	4:30-7:00 or 6:00-8:30			6:00-8:30	4:30-7:30	9:00-12:00	x
Option 5:	Core 4-day w/o Friday (ballet heavy, no battle scene on Friday)	Skill	Ballet 5/6 M/Tu/Th/Sat Note: Missing Friday will cast dancers out of Rats & Lead Dolls in Battle Scene in Fall Nutcracker & Ciara/Kellie's pieces for Port Warwick in October. Battle scene smaller part Monday/TBD.	4:30-7:00 (recommend if able) or 6:00-8:30	5:50-8:30		6:00-8:30		9:00-12:00	x
Option 6:	Core 4-day light (may choose slightly shorter hours on either M or F, not both, need to take one modern tech)	Skill	Ballet 5/6 M/Tu/Fri/Sat	4:30-7:00 (recommend if able) or 6:00-8:30	5:50-8:30			4:30 or 5:30-7:30	9:00-12:00	x
	Notes:	**Age/Skill**	**Class Name**	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	Counts towards 4+ Pointe Hours/week

	Notes:	Age/Skill	Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Counts towards 4+ Pointe Hours/week
	3-Days per Week CORE Program Options. Tuition at Individual Max/Unlimited $300/mo for 9-payments Sept-May ~or~ $269/mo for 10-payments Aug-May									
Option 7:	Core 3-day (Ballet, Pointe and Snowflakes Tuesday, Modern/Rotating Dance and Ensemble Friday, Saturday Ballet Pointe and Rep CORE)	Skill	Ballet 5/6 Tu/F/Sat Note: Missing Monday/Friday will cast dancers out of the Battle Scene in Fall Nutcracker, Missing Thursday will miss Thursday Repertoire casting and Pas de Deux		5:50-8:30			4:30-7:30	9:00-12:00	x
Option 8:	Core 3-day Ballet Focus, (Note: No Modern Tech on Monday/Friday, Ballet, Pointe, Conditioning, Rehearsals)	Skill	Ballet 5/6 Tu/Th/Sat Note: Missing Friday will cast dancers out of Rats/Lead Dolls in Battle Scene in Fall Nutcracker & Ciara/Kellie's pieces for Port Warwick in October. Battle scene smaller part Monday/TBD.		5:50-8:30		6:00-8:30		9:00-12:00	x
Option 9:	Core 3-day Contemporary Focus (Both Modern/Contemporary classes Monday and Friday)	Skill	Ballet 5/6 M/F/Sat (note missing Tu ballet will cast dancer out of Snowflakes in Fall and a major Corps de Ballet piece in Spring. Dancers taking only 2 ballet technique classes/week cannot qualify for pointe unless they train 1+ more hour of ballet/week to reduce injuries. Dancers can do this in any level 1-4 ballet class.	4:30-7:00 (recommend if able) or 6:00-8:30				4:30-7:30	9:00-12:00	This schedule has 3 hrs ballet technique M/S, recommended to add one more hour ballet technique for pointe. Ask Ms. Brooke.
Option 10:	**Customize. Please allow us to advise our Advanced Dancers on their classes and any questions or conflicts. Make a counseling appointment with Ms. Brooke. Thank you!**									
	Electives:									
	Take any level 4 and under class and/or apply to be a class assistant for levels 3 and under.			Level 2a or 2b 4:45-6pm 2a/2b Level 3a/3bc 7-8:15/8:30	Storybook & Pre-Ballet A & B 5-6pm, Level 1a/1b 6-7:45pm	Level 2a/2b/3a 4:45-6pm 2a/2b or 3abc Performance/Rep 6-7:00pm Level 3bc 7-8:30	Pre-Ballet A & B 4:15-5:15, Jazz/Tap 5:15-6:00, Level 1b 6-7:45			x
		Skill	Beginner-Int. Tap (in place of Monday Modern Tech, recommend coming Fridays to replace missed modern technique)	6:00-6:45/6:50						
		Skill and lev 3-4 or 5-6	Modern C/D or E Monday Technique	6:00-7:00						
		Skill & Lev 4-6	D/E Friday Technique					4:30-5:30		
		Skill & Lev 4-6	Adv Rotating Dance Styles, Contemporary, Jazz, Musical Theater, Floorwork, Improv, etc.					5:30-6:30		
	Battle Scene Rats/Dolls/Leads, PWAF Piece, and Spring Ballet Pieces/Roles	Skill & Lev 4-6	ADV Ensemble (may not take alone, Modern/Contemporary Performance Co)					4:30-7:30 or 5:30-7:30		
	Customize. Please allow us to advise our Advanced Dancers on their classes and any questions or conflicts. Make a counseling appointment with Ms. Brooke. Thank you!									

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Advanced Classes in Detail. May Customize a Schedule. Must have completed prerequisites and/or be Teen/Adult with Adv. Skill Level, Performance Opportunities									
	Skill & Lev 4-6	Ballet Technique 5/6 4b*	4:30-6:00	5:50 to approx 7:30 includes some Pilates		6:00/6:30-8:00 with core/align/PBT		9:00-10:30	
	Skill & Lev 4-6	Ballet Technique 4ab (5/6+)	7:00-8:30	5:50 to approx 7:30 includes some Pilates		6:00/6:30-8:00 with core/align/PBT		9:00-10:30	
	Skill & Lev 4-6	Modern Technique	Levels B, C/D, & E 6:00-7:00				Levels D/E 4:30-5:30		
	Skill & Lev 4-6	Contemporary	~6:45-7:00 within some Modern/Rep				within 5:30-6:30 Advanced Rotating Dance Styles		
	Skill & Lev 4-6	Jazz & Musical Theater Dance Styles					within 5:30-6:30 Advanced Rotating Dance Styles		
	Skill & Lev 4-6	Pilates		some before class SB					
	Skill & Lev 4-6	PBT / Align & Conditioning, ATM, Feldenkrais, and more				Rotating 6:00-approx 6:25			
	Skill & Lev 4-6	Pas de Deux				8-8:30, along with Repertoire		during Adv. Pointe/Rep Saturday or Rehearsal	
	Skill	Pointe (we offer Pre-pointe, beginning pointe, int/adv pointe+)	take class en pointe	Pointe aprox 7:30-8/ 8:30 along with Corps de Ballet Instruction (Fall Snowflakes, Spring TBD)		Pointe/Rep Thursday		~10:30-12:00 along with Saturday Repertoire (Fall Flowers/Variations/Pas)	
	Skill	Beg/Int Tap	6-6:45/6:50						
	Skill	Int/Adv Tap	~7:05-7:55						
	Repertoire/Rehearsals Some are embedded in Repertoire/Rehearsal Blocks during the week to make our rehearsals more efficient. Others will be called by cast on Friday/Saturdays or as teachers/students available for rehearsing.		Contemporary/Lev. 2-6 Scenes as needed 6:45-7:00, Battle Scene Fight/Knitting together in Fall	7:45/8-8:30 Snowflakes in Fall, Spring Ballet TBD Corps de Ballet Grand Scene	Level 2a 2b 3a 3bc Repertoire (Ribbon Candy, Peppermints, Adults/Party Scene)	Casting based on scenes, roles, variations of those attending	5:30-6:30 September to Oct 10: Ciara/Kellie PWAF Pieces after Dance Style 6:30-7:30 Ensemble: Battle Scene Leads, Rats, Rat King, Nutcracker, Lead Dolls	Flowers, Variations, Party Scene, Party Scene Children and Dolls, and Rehearsals after 12/noon as called by casting	